

MARYVALE

OPEN SPORT WORKOUTS OVER THE SUMMER...

INDOOR AND OUTDOOR TRACK AND FIELD **open for MS and US students*

Beginning June 11th through July 30th

Every Tuesday and Thursday

6:00-8:00

Questions contact Jason Miller at millerj@maryvale.com

CROSS COUNTRY **open for MS and US students*

Beginning June 11th through July 30th

Every Tuesday and Thursday

6:00-8:00

Questions contact Jason Miller at millerj@maryvale.com

SOCCER **open only for Upper School students*

Beginning June 11th through July 30th

Every Tuesday

5:15-6:30

Please use the sign-up link to sign up for the open workouts each week.

Sign Up Link - <https://forms.gle/67L3HpGTcyNo5giy7>

Questions contact Colin Devlin at devlinc@maryvale.com

VOLLEYBALL **open for MS and US students*

Hip Hop Friday Nights from 7:00-9:00

6/21, 7/12, 8/2

Saturday Clinics from 9:00-11:00

7/13, 8/3

Questions contact Missy Little at littlem@maryvale.com

BASKETBALL **open for MS and US students*

Beginning June 18th through July 30th

Every Tuesday

6:00-7:30

Please use the sign-up link to sign up for the open workouts each week.

https://docs.google.com/forms/d/e/1FAIpQLSe2TXeow8Z1zFRSmhraEdd4-9sOaNQi-cy4ElWYFsfocrY_gQ/viewform

Questions contact Alex Miller at milleralex@maryvale.com

FIELD HOCKEY

A workout packet will be sent out from the coach to get ready for the season.

Questions contact Shannon Radebaugh at radebaughs@maryvale.com

SOFTBALL

Coach encourages students to play club and summer ball. There will be open workouts beginning in the winter.

Questions contact Lela Wedell at wedelll@maryvale.com or Amanda Vogt at vogta@maryvale.com

LACROSSE

Coach encourages students to play club ball.

There will additionally be open workouts in the winter.

Questions contact Brian Reese at reeseb@maryvale.com

BADMINTON

There will be open gyms in the winter.

Questions contact Kate Dempsey at dempseyk@maryvale.com or Katie Wild at wildk@maryvale.com

SWIMMING

Coach encourages students to swim over the summer.

A meeting will take place in the fall.

Questions contact Maria Linz O'Brien at maria.linz@gmail.com Jared Welsh at welshj@maryvale.com